

# HPG FUNCTION IN MEN AND WOMEN STRATIFIED BY DRUG USE AND HIV STATUS

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## BACKGROUND

- The Hypothalamic- pituitary Gonadal (HPG) axis is affected by drugs of abuse in men, less is known in women
- HPG function is also influenced by HIV infection in men, less is known in women
- Our first goal is to investigate cocaine and/ or heroin administration in both men and women.
- Our second goal is to examine the impact of HIV infection on HPG function in both men and women
- Finally, our third goal is to examine a potential additive or synergistic effect of HIV and drug use on HPG function in men and women

## METHODS

- Participants between 18 and 50 years of age were recruited and stratified according to sex, drug use and HIV status, see table 1a and 1b
- Measures of estradiol, free testosterone, LH and FSH were taken from serum samples at 8:00 am

## RESULTS

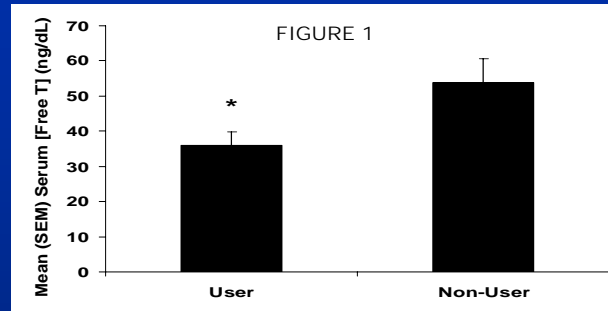
TABLE 1a

Variable	n (%)
Sex	
Male	108 (49)
Female	113 (51)
Race	
African American	205 (93)
Caucasian	14 (6)
Other	2 (1)
HIV Status	
HIV <sup>+</sup>	106 (48)
HIV <sup>-</sup>	115 (52)
Drug Use Status	
Active User	157 (71)
Non-User	64 (29)
Education	
> 12 <sup>th</sup> Grade	124 (56)
< 12 <sup>th</sup> Grade	97 (44)

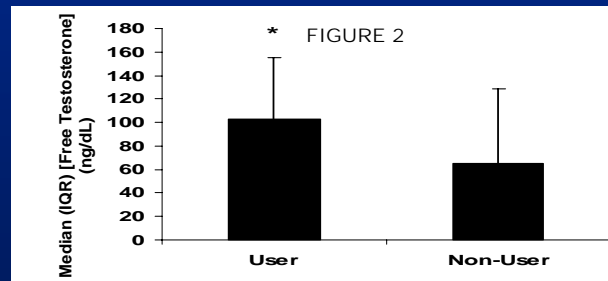
TABLE 1b

	Males n (%)	Females n (%)
HIV-negative, non-users	16 (7)	14 (6)
HIV-positive, non-users	21 (10)	13 (6)
HIV-negative, users	33 (15)	52 (24)
HIV-positive, users	38 (17)	34 (15)

- Mean free testosterone concentration was higher in men than women ( $F(1,219) = 285.6, p < 0.001$ )
- Mean free testosterone concentration was lower in drug users compared to non-users ( $F(1,219) = 5.86, p = 0.05$ ; see figure 1)

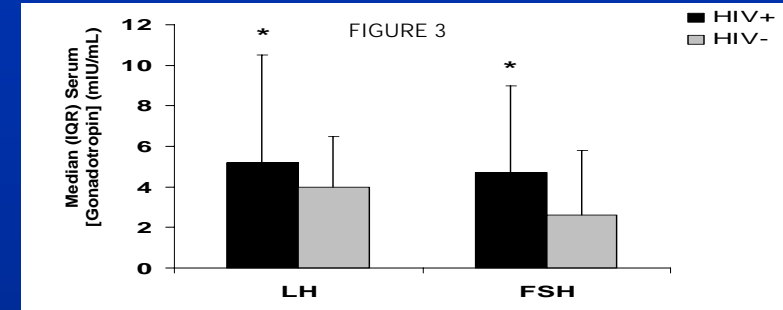


- When the interaction between sex and drug use was considered, median free testosterone concentration was significantly lower in males, but not females, who were drug users ( $W(37, 71) = 1655, p < 0.05$ ; see figure 2)



- When the interaction between sex and HIV status was considered, median free testosterone concentrations were significantly lower in HIV+ women (2.0 ng/dL) compared to HIV- women (2.8 ng/dL) ( $W(66, 47) = 1923.5; p < 0.05$ )

- When the interaction between sex and HIV status was considered for gonadotropins, both median LH and FSH concentrations were significantly higher in HIV+ men than in HIV- men ( $W(49, 59) = 1060.5, p < 0.05$ ;  $W(49, 59) = 955, p < 0.05$ ; see figure 3)



- When an HIV status by drug use status interaction was analyzed for median gonadotropin concentration for each sex, men who used drugs and were HIV- exhibited significantly decreased FSH concentrations. ( $Kruskal-Wallis X^2(3) = 10.45, p < 0.05$ ; Table 2)

TABLE 2

		HIV Positive, User	HIV Positive, Non-User	HIV Negative, User	HIV Negative, Non-User	p-value
FSH	Men	4.5 mIU/mL (2.7, 7.7)	4.7 mIU/mL (2.9, 6.1)	2.4 mIU/mL (1.7, 4.5)	3.8 mIU/mL (2.3, 5.2)	*0.01
	Women	6.3 mIU/mL (3.1, 9.4)	5.8 mIU/mL (3.8, 14.0)	5.4 mIU/mL (4.2, 10.8)	8.5 mIU/mL (5.0, 26.9)	0.56

- Mean estradiol concentration was higher in women than in men ( $F(1,219) = 15.92, p < 0.001$ )

- When the interaction between sex and HIV status was considered, median serum estradiol concentrations were marginally lower in HIV+ women compared to HIV- women ( $W(66,47) = 1850; 0.07$ )

## SUMMARY AND CONCLUSIONS

- Men and women respond differently regarding HPG function, to drug use and HIV infection.
- Men but not women who use heroin and cocaine exhibit lower free testosterone concentrations. Men with HIV experienced higher gonadotropin levels
- Men who use drugs and are HIV- experience increased FSH levels
- Women but not men who are infected with HIV exhibit marginally lower estradiol and free testosterone concentrations
- Clinical implications of these data will be discussed